



Public Health

Breastfeeding

To contact us:

519.846.2715
1.800.265.7293
info@wdghu.org
www.wdghu.org

Fergus
Fax 519.846.0323

Guelph
Fax 519.836.7215

North Wellington
Fax 519.343.2487

Orangeville
Fax 519.941.1600

Support for New Moms

Home visits

Before you leave the hospital, be sure to give consent for a nurse to phone you at home to arrange a visit. During the visit, a public health nurse can help you and your baby with breastfeeding and health issues.

You will get a call from a public health nurse within 48 hours after you leave the hospital.

If you need to speak to a nurse sooner, or if you are not contacted within 48 hours, please call:

KIDS LINE
519-846-2715 or 1 800-265-7293

Breastfeeding support locations

Breastfeeding support is available in Guelph, Fergus, Orangeville, Shelburne, Mount Forest and Palmerston.

Breastfeeding Clinics in Guelph

DAY	DROP IN	BY APPOINTMENT
Monday	No drop-in programs	Book an appointment Call KIDS LINE 519-846-2715 or 1-800-265-7293 Support provided by WDG Public Health at: Ontario Early Years Centre in Stone Road Mall, Guelph
Tuesday	Time: 1 - 3 p.m. Support provided by WDG Public Health at: Ontario Early Years Centre in Stone Road Mall, Guelph	Book an appointment Call 519-821-6638 Support provided by Guelph Community Health Centre at: 176 Wyndham Street North, Guelph
Wednesday	Time: 2 - 4 p.m. Support provided by Guelph Community Health Centre at: Ontario Early Years Centre in Stone Road Mall, Guelph	No appointment
Thursday	No drop-in programs	Book an appointment Call KIDS LINE 519-846-2715 or 1-800-265-7293 Support provided by WDG Public Health at: Ontario Early Years Centre in Stone Road Mall, Guelph
Friday	Time: 1 - 3 p.m. Support provided by WDG Public Health at: Ontario Early Years Centre in Stone Road Mall, Guelph	Book an appointment Call 519-821-6638 Support provided by Guelph Community Health Centre at: 176 Wyndham Street North, Guelph

Breastfeeding Support in Centre Wellington

DAY	DROP IN	BY APPOINTMENT
Wednesday	Breastfeeding Clinic Time: 2 - 4 p.m. Support provided by WDG Public Health at: Groves Community Memorial Hospital 235 Union Street East, Fergus	Book an appointment Call 519-843-2010 from 1 - 2 p.m. Support provided by WDG Public Health at: Groves Community Memorial Hospital 235 Union Street East, Fergus
Friday first and third of every month	Breastfeeding Peer Support Group Times: 11:30 a.m. - 1 p.m. Support provided by WDG Public Health at: Ontario Early Years Centre 160 St. David Street South, Fergus	No appointment Call KIDS LINE 519-846-2715 or 1-800-265-7293 for information

Breastfeeding Support in Dufferin

DAY	DROP IN	BY APPOINTMENT
Tuesday	Breastfeeding Clinic Time: 1 - 3:30 p.m. Support provided by WDG Public Health at: Headwaters Healthcare Centre 100 Rolling Hills Drive, Orangeville	No appointment
Thursday	Breastfeeding Clinic Time: 1 - 3:30 p.m. Support provided by WDG Public Health at: Headwaters Healthcare Centre 100 Rolling Hills Drive, Orangeville	No appointment
Wednesday	Breastfeeding Clinic Time: 1:30 - 3:30 p.m. Support provided by WDG Public Health at: Mel Lloyd Centre 167 Centre Street, Shelburne	No appointment

Breastfeeding Support in North Wellington

DAY	DROP IN	BY APPOINTMENT
Wednesday first and third of every month	Breastfeeding Peer Support Group Time: 10:30 a.m. - 12 p.m. Support provided by WDG Public Health at: St. Andrews Presbyterian Church 196 Birmingham Street, Mount Forest	No appointment
Thursday	Breastfeeding Clinic Time: 1 - 3 p.m. Support provided by WDG Public Health at: Palmerston & District Hospital 500 Whites Road, Palmerston	Book an appointment Call 519-343-2033 ext. 4230 Support provided by WDG Public Health at: Palmerston & District Hospital 500 Whites Road, Palmerston