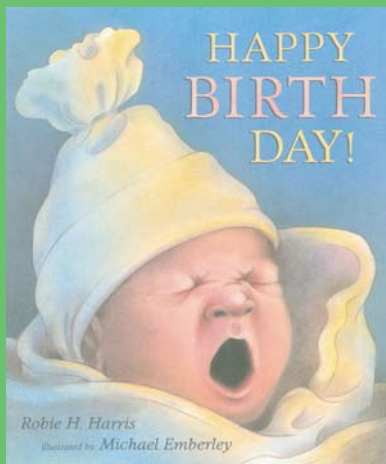
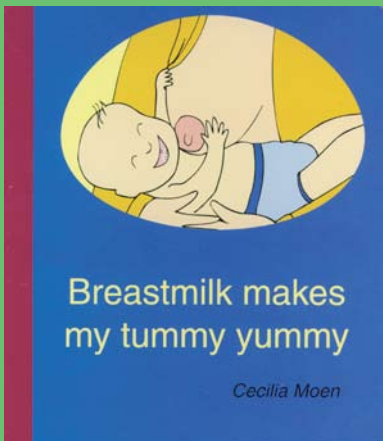
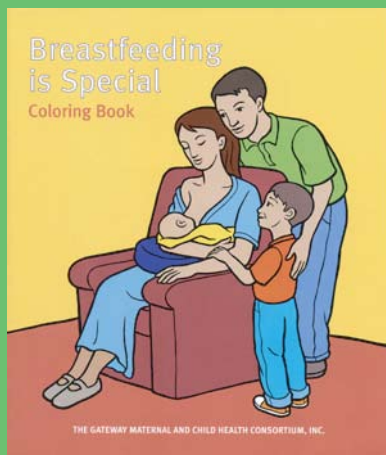


# Breastfeeding Resources



*This bibliography of children's books has been compiled to help us create a more visible and positive culture where "breastfeeding is the norm."*

## Features of this list include;

- Canadian items identified
- ISBN numbers
- Items from La Leche League (Canada & International)
- Identification of "Collector's Items" - books that are out of print but are still available at a reasonable cost

## Who Can Use This?

### People at...

- libraries
- schools
- family centers
- day cares
- playschools
- Sunday schools
- BF support groups
- health units
- doctor's offices
- dental offices

### Also ideas for...

- birthday gifts
- baby gifts
- door prizes

*I have purchased these items and have created a display with the hope that seeing the books might encourage more people to buy them. The display is available for workshops and other related events.*

*Please help keep this list current and comprehensive - let me know if there are any new and/or missing items.*

*Dianne Nikiforuk RN, B.Sc.N., IBCLC*


**Ahlberg, Janet & Allen**
**Baby's Catalogue, The**

Little, Brown & Company,  
1982 & 1986

A catalogue designed just to appeal to babies and their older siblings. Follows five British families through a day from 4 am until midnight. One of the babies is breastfed. Lots to see in the delightful pictures. Ages 1 - 10

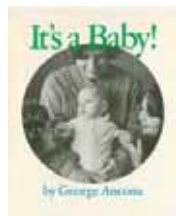
ISBN (HC) 0-316-02037-0  
(PB) 0-316-02038-9


**Aliko**
**Welcome, Little Baby**

Green Willow Books, New York

In loving words and tender pictures, Aliko celebrates the miracle of life. Whether the new baby is your brother, sister, friend or child, this book is a wonderful welcome for the newest member of any family. Ages 2+

ISBN (HC) 0-688-06810-3      22 pgs.  
(HC)0-688-12665-0      William Morrow


**Ancona, George**
**It's a Baby!**

Photographs by George Ancona

E.P. Dutton, 1979

This book follows the growth and development of baby Pablo over the first 12 months. One full page photo of Pablo nicely latched at mom's breast. Later, two smaller photos show the mother breastfeeding and bottlefeeding. Ages 3-8

ISBN 0-525-32598-0      45 pgs.  
Collector's Item

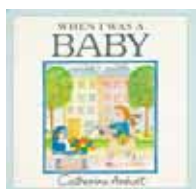

**Andrey, A.C. & Schepp, S.**
**How Babies Are Made**

Illustrated by Blake Hampton

Time-Life Books, 1968, Revised  
1979

Using full color paper cuttings, this book shows how new plants, animals and humans are created. A mother is shown nursing a baby in a front pack. A large picture of a bottle is also shown. Ages 6-10

ISBN 0-316-04227-7      84 pgs.  
Collector's Item

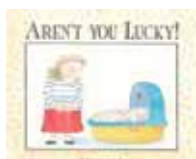

**Anholt, Catherine**
**When I Was A Baby**

Illustrated by Catherine Anholt

Little, Brown & company, 1989

In this warm and whimsical book, a three-year-old and her Mom look at their family photo album and share the memories of baths, diaper changes, midnight feedings and baby presents. Allows families to share special memories and/or to prepare for the arrival of a new sibling. Ages 2-6

ISBN 0-316-04262-5      26 pgs.  
Collector's Item

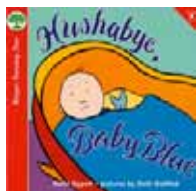

**Anholt, Catherine**
**Aren't You Lucky!**

Illustrated by Catherine Anholt

Little, Brown and Company, 1990

With sensitivity and humour, this book brings to life all the challenges and joys of becoming an older sister. It chronicles the nine month wait, the visit to the hospital and finally, the baby's homecoming and all the adjustments that the family must make. (No bottles shown.) Ages 2-6

ISBN (HC) 0-316-04264-1      28 pgs.  
Collector's Item

**Appelt, Kathi****Hushabye, Baby Blue**

Illustrated by Dale Gottlieb

Harper Festival (Harper Collins),  
2000

This simple rhyming book could be used as part of a bedtime routine or as a story for any occasion. The large, colorful illustrations will appeal to all ages.  
Ages newborn +

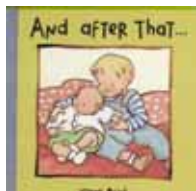
ISBN (Board Book)  
0-694-01341-214 pgs.  
Collector's Item**Anholt, Lawrence****Sophie and the New Baby**

Illustrated by Catherine Anholt

Albert Whitman &amp; Co.

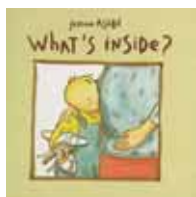
Sophie enjoys playing with her rag doll so imagine her excitement when her parents tell her she'll have a real baby to play! Sophie finds that things don't always turn out the way she expects. This tale will delight children who suddenly find themselves sharing their parents with a new sibling.

ISBN 0-8075-7550-X

32 pgs.  
La Leche League Intern'l**Ashbe', Jeanne****And After That**A Curious Nell Book  
Kane/Miller Book Publishers

This delightful book, a loving sequel to What's Inside?, engages the child with colorful and funny tents and flaps that are lifted to reveal what happens next. The main focus is to show the child that although there will be changes after her new sibling arrives, they aren't necessarily bad ones.

ISBN 1-929132-24-7

15 pgs.  
Board Book**Ashbe', Jeanne****What's Inside?**A Curious Nell Book  
Kane/Miller Book Publishers 2000

This ongoing board book depicts the inner workings of various objects, such as a gift box, a watermelon, and a ball using lift ups flips to reveal "what's inside". The story leads up to what's inside mommy while she is pregnant with a new baby brother or sister.

ISBN 0-916291-97-9

12 pgs.  
Board Book**Baker, Sue****Birds and the Bees, The**

Illustrated by Sue Baker

Child's Play (International) Ltd.,  
1990

Explore aspects of reproduction in humans and other life forms. Principles such as attraction, courtship, competition, desire, home-building and protection of the young are covered. One picture of a mom breastfeeding. (No bottles)  
Ages 8-12

ISBN 0-85953-400-6

34 pgs.  
Collector's Item**Bauer, Marion Dane****If You Were Born a Kitten**

Illustrated by JoEllen M. Stammen

Little Simon, Simon & Schuster,  
New York

This sturdy board book edition of the best-selling picture book introduces baby animals and their parents. This celebration of the miracle of childbirth ends with the most special baby of all - you! Ages 2+

ISBN 0-689-85329-7

28 pgs.


**Bernhard, Emery & Durga**

**Ride on Mother's Back, A -  
A Day of Baby Carrying Around the World**

Illustrated by Durga Bernhard

Gulliver Books, Harcourt Brace & Co.  
San Diego, CA, 1996

All around the world babies love to be held close and parents everywhere need their hands free to work and play. This book takes the reader on a trip through the rain forest in Brazil, across an oasis in the Sahara, over a frozen bay in the Arctic and more. (For good readers or to read aloud.) Ages 4-9

ISBN N-0-15-200870-5


**Blackman, S.A.**

**Smickmackamookum  
Drinks Belly, A**

Illustrated by Lillian Gubetosi

Blade Publishing, 2003

Three year old Harriet and her best friend Lisa must stop Harriet's mommy from feeding "belly" to Harriet's baby sister. With each others' help, the girls discover the truth about what the baby is being fed. Ages 3 - 7

ISBN 1-929409-02-8

Collector's Item


**Bogart, Jo Ellen**

**Mama's Bed**

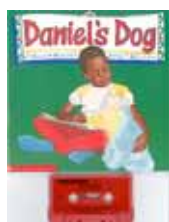
Illustrated by Sylvie Daigneault

Books Canada Ltd., 1993

Mama's bed is very special. Mama's bed is a little world where the sun is a warm mother's love, the landscape is a cosy quilt and there is room for everything and everyone in the family. Ages 2+

ISBN 0-590-74312-0

Canadian


**Bogart, Jo Ellen**

**Daniel's Dog**

Illustrations by Janet Wilson

Scholastic Inc., 1990

Daniel is a black boy who creates an imaginary dog to help him deal with his feelings when a new baby sister joins the family. Colorful, realistic illustrations of Daniel's friends and family. The breastfeeding picture shows Daniel reading aloud to his mother and baby sister. Ages 3-8

ISBN (HC) 0-590-43402-0  
(PB) 0-590-73205-6

32 pgs.  
Canadian


**Brown, L.K. & Brown, M.**

**What's the Big Secret?  
Talking about Sex with Girls and**

Little, Brown & Company, New York,  
1997

Here is an introduction to sex along with the ways girls and boys will differ... and are the same. One full page breastfeeding illustration, one small picture of a little boy bottle feeding a baby.

ISBN 0-316-10915-0

32 pgs.


**Burn, Valerie Elizabeth, et al**

**Antoine devient grand frère**

Illustrated by Anne Michaud

Les éditions du soleil de minuit,  
1999 (Available c/o CLCA/ACCH  
Treasurer, 321-3rd St.S., Apt3, Kenora,

Antoine sera bientôt grand frère. Un bébé dort dans la ventre de sa maman. Viens faire la connaissance d'Antoine, et suivre quelques petits moments de sa vie avec ses parents et son nouveau bébé.

ISBN 2-9805802-2-8

22 pgs  
Canadian

**Burstein, Fred****Whispering in the Park**

Illustrated by Helea Cogancherry

Bradbury Press, New York, 1992

Two little girls meet in the park and feed the fish in the pond. Dialogue is brief and simple. Their mothers care for their baby siblings while the girls play. One baby is shown being nursed on the park bench while the other is being burped.

ISBN (HC) 0-02-715621-4

28 pgs.  
Collector's Item**Camp, Lindsay****Biggest Bed in the World, The**

Illustrated by Jonathan Langley

Harper Collins

This picture book tells the story of Ben's Dad who goes on a search for an ever-bigger bed to share with his family as they welcome more and more babies into their lives. Parents and children alike will be surprised at the creative ways this father meets the nighttime needs of his entire family.

ISBN 0-06-028687-3

40 pgs.  
La Leche League Intern'l**Carroll, Theresa****Mommy Breastfeeds Our Baby**

Illustrated by Linda Gray

Nu Baby Inc. (PO Box 030132,  
Tuscaloosa, AL, 35403, 1990)

This book for children about breastfeeding has been designed to educate; inform and entertain the whole family. It will help children understand that breastfeeding is a natural and special way to feed the new baby.

ISBN (PB) 0-9626614-0-6

22 pgs.  
La Leche League Canada**Civardi, Anne****Usborne First Experiences: New Baby, The**

Illustrated by Stephen Cartwright

This is part of a series that introduces young children to situations they might find themselves in for the first time. This book joins the Bunn Family with five year old Lucy and three year old Tom as they anticipate the birth of new baby Susie. Age - preschool

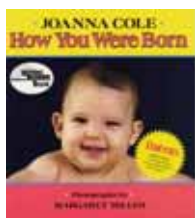
ISBN 0-7949-10085

**Chislett, Gail****Whump**

Illustrated by Vladayna Krykorka

Annick Press Ltd. 1990 Toronto

Jeremy's first nights sleeping in his own big bed are eventful for the entire family. This story depicts transition from the family bed (co-sleeping) to "my own big bed" in a delightful, humorous way. Ages 2-6

ISBN (HC) 1-55037-041-3  
(PB) 1-55037-040-522 pgs.  
Canadian  
Collector's Item**Cole, Joanna****How You Were Born**

Photos by Margaret Miller-Morrow

Junior Books 1993

A clear and helpful book about conception, fetal development and birth, illustrated with color photographs of parents from many racial backgrounds. The 1984 edition b/w photos by Hella Hamid and others is also still available in paperback and has a lovely breastfeeding illustration. Ages 3-11

ISBN (HC) 0-688-12059-8  
TR  
(PB) 0-688-12061-X

48 pgs.



### Cole, Joanna

#### New Baby at Your House, The

Photographs by Margaret Miller

Morrow Junior Books, 1985

Whether there's already a new baby in your family or one on the way, it's sometimes hard for an older brother or sister to know what to do and how to feel. It's easy to love a baby but just as easy to be angry or resentful. Shows mom breastfeeding and Dad bottle feeding.

ISBN 0-613-15030-9

48 pgs.  
Corey, Dorothy



### Corey, Dorothy

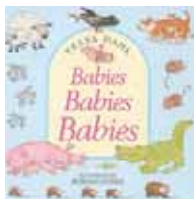
#### Will There Be a Lap For Me?

Illustrated by Nancy Poydar

Albert Whitman & Company, 1992

Preschooler Kyle, from a middleclass African-American family, misses his special place on his mother's lap as her pregnancy advances and the new baby arrives. A full page illustration shows mother nursing the new baby with Kyle in a special place beside her. Ages 3-8

ISBN (HC) 0-8075-9109-2 24 pgs.



### Dahl, Tessa

#### Babies Babies Babies

Illustrated by Siobhan Dodds

Viking, Penguin, New York, 1990

A pregnant mother tells her son and daughter about new babies, human and animal. All the children's questions are answered. Only a colt and piglets are shown nursing. No bottles. Ages 3-8

ISBN (HC) 0-670-83921-3 32 pgs.



### Deutschbein, Mary Joan

#### Maggie's Weaning

b/w photos by author

Moon Gold Press 1993

Maggie shares the story of her gradual and gentle weaning. As Maggie reflects on the time she once spent at her mother's breast, she offers her thoughts on the joys and the challenges of slowly leaving breastfeeding behind. Ages 1-5

ISBN (PB) 1-885678-08-8 24 pgs.  
La Leche League Intern'l



### Endersby, Frank

#### Our New Baby

Full color illustration by the author

Child's Play (International) 1985

Wordless picture book. Folding board book shows preschool girl and parents interacting with new baby.

ISBN 0-85953-231-3 12 pgs.  
Board Book  
Collector's Item



### Ebsen, Barbara Juster

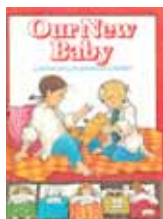
#### Baby Whales Drink Milk

Illustrated by Lambert Davis

Harper Collins Publishers, 1994  
Let's Read and Find Out Science

What do dogs, pigs, whales and people have in common? They are all mammals. Whales may seem like enormous fish but they are mammals like people. They breath air, are warm blooded and have hair. Baby whales drink milk just like you. Ages 3-6

ISBN 13:978-0-06-445119-2 32 pgs.  
10:0-06-445110-4


**Fagerstrom, G. & Hansson, G.**
**Our New Baby -  
A Picture Story...**

Illustrations by Gunilla Hansson

 Macdonald Educational Holywell  
House, London, 1977

This book tells, in an easy conversational tone, the story of Peter & Lucy Williams who are going to have a new brother or sister. The format is picture strip form and presents information on conception, birth and life with the new baby. Different emotions are explored as part of everyday life. Ages 5-10

ISBN 0356-66260

 48 pgs.  
Collector's Item

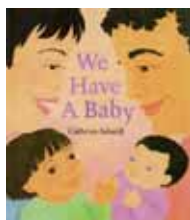
**Faison, Eleanora**
**Becoming**

Illustrated by Cecilia Ercin

 Eleanora Patterson Press, Putney  
VT, 1976

The story of conception, pregnancy and birth told simply. One drawing shows the mother breastfeeding with father and older siblings watching

ISBN (PB) 0-9607432-0-0

 30 pgs.  
Collector's Item

**Falwell, Cathryn**
**We Have a Baby**

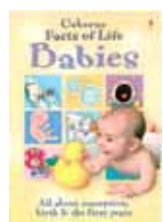
Illustrated by Author

Clarion Books, 1993

This is a picture book for the very young child with a new sibling. The book shows a loving family with both parents actively involved in the care of the toddler and the new baby. The mother is shown nursing the baby, her arm around the toddler who is nestled against her. Ages 1-3

 ISBN (HC) 0-395-62038-4  
(PB) 0-395-7397-05  
0613152816

32 pgs.


**Gee, Robyn**
**Babies: All About Conception,  
Birth & the First Years**

Illustrations by Sue Stitt

Usborne Publishing Ltd., 2004

An Usborne Fact of Life multicultural book with diagrams explaining how milk is produced and supply is influenced. Advantages of breastfeeding, importance of support of family and friends, need for rest and nourishing diet are described. Ages 10+

ISBN 0-7945-08952

48 pgs.


**Gewing, Lisa**
**Mama, Daddy, Baby and Me**

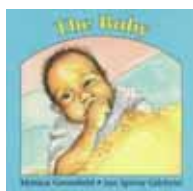
Illustrated by Donna Larimer

Spirit Press, 1989

The very simple, rhymed text and appealing illustrations show a family welcoming a new baby told from the toddler sibling's point of view. One picture of the mother and baby nursing. Ages 2-4

ISBN (HC) 0-944296-04-1

30 pgs.


**Greenfield, Monica**
**Baby, The**

Illustrations by Jan Spivey-Gilchrist

Harper Festival, 1994

The happy expressive baby featured in this book does many things under the watchful loving eyes of her parents. Charming illustrations and a simple text depict the magical everyday life of a baby.

ISBN (HC) 0-694-00577-0

 14 pgs.  
Board Book  
Collector's Item



## Gregory Nemeč

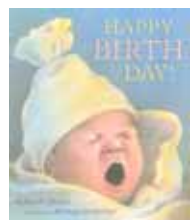
### Breastfeeding Is Special

A simple coloring book that shows Mom nursing the new baby in a variety of situations while still being able to interact with her older child. Features many ethnic backgrounds. English and Spanish. Call (973)-269-2280 or email [zifan@gatewaymch.org](mailto:zifan@gatewaymch.org)

Gateway Maternal and Child Health Consortium, Inc., 201 Lyons Ave., floor G-3, Newark NJ, 07112, 1998

ISBN

Available from La Leche League International or Gateway (see above)



## Harris, Robie H.

### Happy Birth Day!

A mother tells her child about her hospital birth and first day of life. Large beautiful illustrations capture the essence of a newborn baby breastfeeding and falling asleep cuddled up with both parents. Ages 3-8

Illustrated by Michael Emberley

Candlewick Press 1996

ISBN 1564024245  
(PB) 0763609749

24 pgs



## Harris, Robie H.

### Hi New Baby!

The universal story of the real feelings young children have when suddenly they are no longer the baby in the family. With exquisite, tender portraits and dialogues, this story assures all of us that older sisters and brothers are still loved. One picture of a newborn nursing (no bottles). Ages 3-6

Illustrated by Michael Emberley

Candlewick Press, Cambridge, Massachusetts, 2000

ISBN 0-7636-0539-5

28 pgs.



## Hedderwick, Mairi

### Katie Morag and the Tiresome Ted

Katie lives on the Isle of Struay off the coast of the British Isles. She is cross when her new baby sister gets all the attention. In a terrible temper she throws her friendly old teddy bear into the sea. Love and patience from family and friends allows Katie to come to accept the baby and welcome Teddy home. Ages 3+

Illustrations by Mairi Hedderwick

Red Fox Printers (a division of Random House Children's Books), Great Britain, 1999

ISBN

26 pgs.



## Hines, Anna Grossnickle

### Big Like Me

Preschooler tells baby sister what he'll share with her each month of her first year.

Illustrated by the author

Greenwillow, 1989

ISBN (HC) 0-688-08355-2

32 pgs.



## Isadora, Rachel

### Over the Green Hills

A young boy in the Transkei on the east coast of South Africa accompanies his mother on a long walk to visit Grandma. Baby sister Poma is carried wrapped close on her mother's back. They make several nursing stops and this older baby is shown breastfeeding in one picture. Ages 4-8

Illustrated by Author

Greenwillow, 1992

ISBN 0688105092

32 pgs.



## Jeffers, Susan

### Silent Night

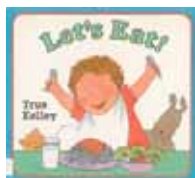
Illustrated by Susan Jeffers

Dutton Children's Books (div.  
Penguin Young Readers Group),  
New York, 1984

The beloved verses of Joseph Mohr's Christmas carol are the basis of Susan Jeffer's resplendant interpretation of the Nativity. One illustration shows Mary nursing the newborn baby Jesus. All ages

ISBN 0-525-47136-7

30 pgs.



## Kelley, True

### Let's Eat

E.P. Dutton, New York, 1989

This picture book looks at the child's world of food; where it comes from, how it travels from table to mouth. One illustration of a mom breastfeeding on the page titled "Favorite Foods". Multicultural. Ages 2-5

ISBN 0-525-44482-3

32 pgs.  
Collector's Item



## Kelley, True

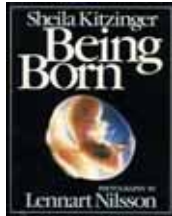
### Look Baby! Listen Baby! Do Baby!

E.P. Dutton, New York, 1987

Presents illustrations of different types of eyes, noses, hands and other body parts; different sounds and babies performing a variety of activities such as crying, hugging and crawling. One illustration shows a mom breastfeeding. Ages 2-5

ISBN 0-525-44320-7

32 pgs.  
Collector's Item



## Kitzinger, Sheila

### Being Born

Photos by Lennart Nilsson

Grosset & Deenlap, 1986 (bound)  
Putnon, 1992 (paperback)

Outstanding tent and photographs describe a baby's experience of intrauterine growth and birth, ending with a first nursing. Ages 6+

ISBN (PB) 0-399-22225-1

Collector's Item



## Knight, Margy Burns

### Welcoming Babies

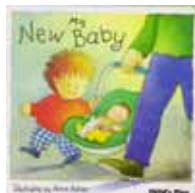
Illustrations by Ann Sibley O'Brien

Tilbury House, 1994

A mother nurses her baby outdoors as the family plants a tree in the new baby's honor. Beautiful illustrations of traditions from many cultures. Ages 2+

ISBN (HC) 0-88448-123-9

38 pgs.



## Kubler, Annie

### My New Baby

Child's Play (International) Ltd. 2000

This wordless board book shows a toddler helping his family to care for the new baby. Two breastfeeding pictures. Ages 1-2

ISBN 0859539741

14 pgs.

**Lasky, Kathryn****Baby for Max, A**

B/W photographs by C. Knight

Macmillan Publishing Company,  
1984

Five year old Max documents the story of the new baby's arrival and early months at home. One photo of the baby breastfeeding in the hospital. No bottles or pacifiers shown. Ages 2-8

ISBN 0-689-71118-2

48 pgs.  
Collector's Item**Lewis, D.S. & Lewis, G.****When You Were A Baby**

Peachtree Publishers Ltd., 1995

This beautiful and unusual book will take you and your child back to that special time when your child was a baby. It answers the many questions children have about birth, infancy and families. Shows both breast and bottle feeding. Meant for older siblings, very multicultural. All ages

ISBN 1-56145-102-9

48 pgs.

**Lewison, Wendy Chayette****Our New Baby**

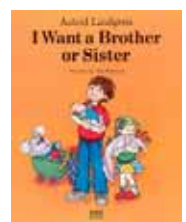
Photographs by Nancy Sheehan

Grossete &amp; Dunlop, 1966

Beautiful color photographs show many multicultural families interacting in many everyday settings. One photo of an infant breastfeeding. Two photos of bottle feeding. Ages 2-6

ISBN (PB) 0-448-41147-4

32 pgs.

**Lindgren, Astrid****I Want a Brother or Sister**

Illustrations by Ilon Wikland

Harcourt Brace Jovonovich, 1978,  
Translated by Eria Bibb

This picture book describes the baby hood of the family's three children. The eldest, Peter, expresses a desire for a sibling but once the baby arrives, he is not so sure. One illustration of mom nursing. By the time another baby arrives, Peter takes it in stride. Ages 3-8

ISBN (HC) 9-12-958778-6

30 pgs.

**MacKinnon, Debbie****Baby's First Year**

Color photos by Anthea Sieveking

Baron's, 1993

A British family with two daughters welcomes a new baby boy. Ages 2+

ISBN (HC) 0-8120-6334-1

26 pgs.  
Collector's Item**Manning, M. & Gronstrom, B.****World is Full of Babies, The**

Delacote Press, 1996

With humorous, engaging text and bright, attractive illustrations, the authors explain how human and animal babies grow. An East Asian mother is shown nursing her baby. Ages 2-6

ISBN (HC) 0385322584

29 pgs.  
Collector's Item

**Manning, Mick****Supermom**

A wide variety of human and animal mothers feed, shelter, talk, play with, protect, cuddle and nurse their babies to sleep. Ages 3-6

Illustrated by Brita Gronstrom

Albert Whitman & Company 2001

ISBN 0807576662

31 pgs.  
La Leche League Intern'l

**Martin, Chia****We Like to Nurse**

Fourteen animal pairs are shown nursing in bright flat pictures with simple text, ending with a human mother and baby. A favorite of breastfeeding toddlers. Ages 1-3

Illustrated by Shukyo Lin Rainey

Hohm Press, 1995

ISBN (PB) 0-934252-45-9

32 pgs.  
La Leche League Intern'l

**Marzollo, Jean****Mama, Mama**

For babies just entering the world this comforting poem affirms the special bond between mothers and babies everywhere. Ages 6 months+

Illustrated by Laura Regan

Harper Festival (A division of Harper Collins Publishers)

ISBN 0-694-01245-9

Board book  
La Leche League Intern'l

**Mayle, Peter****Where Did I Come From? - African-American Edition**

This book helps parents explain the facts of life to their curious children. Information is presented with humor and honesty while learning how babies are really made. One full breastfeeding illustration. Ages 8-11

Lyle Stuart Kensington Publishing Corp., 1977

ISBN 0-8184-0608-9

46 pgs.

**McCully, Emily Arnold****Pirate Queen, The**

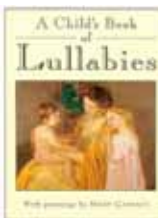
This large size picture book with dramatic illustrations tells the story of Grania O'Malley, born in Ireland in 1530. She grew up to be a skillful sea captain and pirate. She even met Queen Elizabeth I of England. One picture shows her nursing her dayold infant. Ages 6+

Illustrated by Emily McCully

G.P. Putnam's Sons, New York, 1995

ISBN (HC) 0-399-22657-5  
(PB) 0-698-11629-1

32 pgs.

**McKellar, Shona****Child's Book of Lullabies, A**

Lullabies are more than songs for sleeping. They express the intimate relationships between parent and child in words, music, rhythm and rhyme. Written music included. One painting of mom nursing baby. All ages

Illustrated by Mary Cassatt

Dorling Kendersley Ltd. Publishing, 1997

ISBN 0-7894-1507-0


**Mennen, Ingrid**
**One Round Moon and a Star for Me**

Illustrated by Nikki Daly

Orchard Books 1994

A new baby girl is lovingly welcomed in rural South Africa. Her older brother is reassured of his place and belonging in the family. Beautiful color illustrations show Mama nursing the new baby. Close father-son relationship. Ages 3-8

ISBN (HC) 0-531-06804-8      32 pgs.


**Meredith, Susan**
**Where Do Babies Come From?**

Illust. by Sue Stitt, Kuo Kang Chan

EDC Publishing, 1991, Usborne Starting Point Science Series

Explains conception, pregnancy, birth and infancy. All races are represented in the color illustrations. Mom seen nursing in the hospital. A diagram of the breast describes it as "the best food for a baby". Bottlefeeding also described but not shown. Ages 6-12

 ISBN (HC) 0-7460-0691-8      24 pgs.  
 (PB) 0-7460-0690-X      Collector's Item

**Meyers, Susan**
**Everywhere Babies**

Illustrated by Marla Frazee

Harcourt, Inc., San Diego, 2001

Every day, everywhere, babies are born. They're kissed and dressed and rocked and fed - and completely adored by the families who love them. One breastfeeding and two bottle feeding pictures. Multicultural. Ages 2-5

ISBN 0-15-202226-0      32 pgs.


**Michaels, Dia L.**
**Look What I See! Where Can I Be? In The Neighbourhood**

Photographs by Michael Bowles

Platypus Media, 2001

Intended for the youngest readers, this guessing game book shows children how to be aware of the world around them. Exploring the neighbourhood from the warm embrace of a loving family, this story inspires children to devise their own guessing games. Ages 0-4

ISBN 1-930775-00-8


**Michaels, Dia L.**
**If My Mom Were a Platypus**

Illustrated by Andrew Barthelmes

Platypus Media LLC, Washington DC, 2001

This fascinating introduction to the world of mammals shows how all babies have to eat, learn, grow and mature. Each one must embark on the journey to maturity but the path varies dramatically depending on if the young mammal is a bear, bat, shrew, seal, koala or a child. Ages 8-12. Grades 3-6

 ISBN 1-930775-02-4      64 pgs  
 La Leche League Intern'l

**Michaels-Gualthieri, Akaela S.**
**I was Born to be a Sister**

Illustrated by Mary Dunn Ramsey

For the child in your life with a new baby sister or brother, this colorful picture book depicts the stages that an older sister goes through with a younger sibling; the new adventure stage, the tortured by a toddler stage, and finally the friendship stage. Also includes a song just for sisters. Ages 3-7

 ISBN 1-930775-11-3      32 pgs.  
 Hard cover  
 La Leche League Intern'l



**Moen, Cecilia**

**Breastmilk Makes My Tummy Yummy**

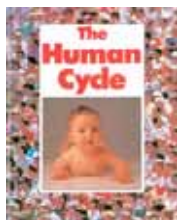
Illustrated by Author

Midsummer Press, Sweden , 1999

This book is ideal for a nursing toddler. Simple, rhymed verse accompanies the multicultural illustrations of babies and toddlers nursing in various situations: in the bath, when mummy is on the phone, in a family bed, etc. Tandem nursing is also shown. Ages 2-4

ISBN (HC) 9163082535

14pgs.  
Board Book  
La Leche League Canada



**Morgan, Nina**

**Human Cycle, the**

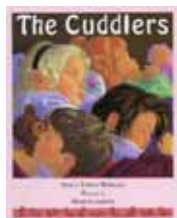
Photographs by John Yates

Wayland (Publishers) Ltd., 1993

This book follows the rhythm of human life - conception, birth, childhood, maturity, aging and death. One photo of a mom breastfeeding. No bottles or pacifiers. Beautiful multicultural and multigenerational pictures. Ages 6-12

ISBN (HC) 1-56847-094-0

32 pgs.



**Morgan, Stacy Towle**

**Cuddlers, The**

Illustrated by Marvin Jarboe

This children's book captures the warmth and love a family experiences when children are drawn to the security of their parent's bed. The beautiful full color illustrations will hold the interest of every "cuddler" in your house.

ISBN 0-912500-41-7

32 pgs.  
La Leche League Intern'l



**Myers, Anne Marie**

**Mama Means Milk**

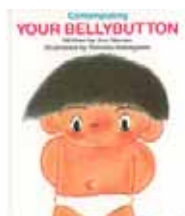
Illustrated by Christina Renaud

Published by Anne Marie Myers.  
Ridgetown, Ontario N0P 2C0  
2001

This delightful short story was written to educate mother's world wide about the benefits of attachment parenting, cosleeping and breastfeeding beyond infancy. The illustrations are full page and are ethnically diverse. Ages 18 mo +

ISBN (PB) 0968945406

Canadian



**Nanao, Jun**

**Contemplating Your Belly Button**

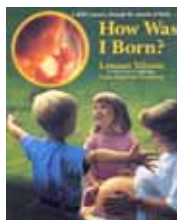
Illustrations by Tomoka Hasegawa

Kane/Miller Book Publications, 1995

A simple illustrated book explains how people come to have belly buttons from conception to birth. One illustration of mom feeding baby after birth. Ages 2-5

ISBN 0-916291-60-X

31 pgs.



**Nilsson, L. & S., Lean Katarina**

**How Was I Born?**

Color photos by Lennart Nilsson

Delacort Press 1994

A Swedish preschooler tells the story of her baby brother's birth. Three lovely photographs show the new baby nursing just after birth. Additional text explains conception, birth and growth and development of babies. Ages 4-8

ISBN (HC) 0-385-31357-8  
(BP) 0440507677

80 pgs.